

**CITY Study – Continuous Glucose Monitoring in Teens and Young
Adults with Type 1 Diabetes
Sponsored by Helmsley Charitable Trust**

Are you a teen or young adult with Type 1 Diabetes?

You may be eligible to participate in a research study to learn more about how well continuous glucose monitors work in adolescents and young adults. A continuous glucose monitor is a device that measure your glucose values every 5 minutes.

You may be eligible if you:

- Have Type 1 Diabetes for at least 1 year
- Are between 14 and less than 25 years old
- Are using insulin every day
- Have an HbA1c between 7.5% and 11%
- Have not used a continuous glucose monitor in past 3 months

Study participation involves:

- 8 in-clinic visits over the course of 1 year
- Physical exam, blood draws, and questionnaires
- Compensation may be available for time and travel
- Wearing a continuous glucose monitor either throughout the study or at certain times depending on which group you are randomly assigned to

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Contact List for Participating Clinics

Site	Location	Contact	Phone	Email
Joslin Diabetes Center	Boston, MA	Kenny Kim	617-309-4644	Kenny.Kim@joslin.harvard.edu
Barbara Davis Center for Childhood Diabetes	Aurora, CO	Isabel Weber	303-724-8095	ISABEL.WEBER@UCDENVER.EDU
Stanford University	Palo Alto, CA	Ryan Kingman	650-736-4417	rkingman@stanford.edu
International Diabetes Center/Park Nicollet	St. Louis Park, MN	Sean Dunnigan	952-993-0827	Sean.Dunnigan@ParkNicollet.com
Yale Children's Diabetes Program	New Haven, CT	Amy Steffen	203.737.8852	amy.steffen@yale.edu
Naomi Berrie Diabetes Center, Columbia University	New York, NY	Sarah Pollak	212-851-5425	sjp2174@columbia.edu
University of North Carolina Diabetes Care Center	Chapel Hill, NC	Alex Kass	984-974-3009	alex_kass@med.unc.edu
SUNY Upstate Medical University	Syracuse, NY	Suzan Bzdick	315-464-9006	BzdickS@upstate.edu
Rocky Mountain Diabetes & Osteoporosis Center	Idaho Falls, ID	William Hardee	208-522-6005	william.hardee@idahomed.com
Children's Hospital Los Angeles	Los Angeles, CA	Brian Ichihara	323-361-7615	bichihara@chla.usc.edu
Vanderbilt University Medical Center	Nashville, TN	George Williams	615-343-4715	george.o.williams@vanderbilt.edu
Children's Hospital of Philadelphia	Philadelphia, PA	Diana Olivos	267-426-9218	olivospd@email.chop.edu
Baylor College of Medicine	Houston, TX	Robert Hudson	832-824-0251	rxhudson@texaschildrens.org
Children's Mercy Hospital	Kansas City, MO	Jessica Slover	816-960-8941	jlslover@cmh.edu