

1
2
3
4
5
6
7
8

NASOLACRIMAL DUCT OBSTRUCTION STUDY 3 NLD3

9
10
11
12
13
14
15
16
17
18

**A Randomized Trial Comparing Immediate Probing in an
Office Setting with Deferred Probing in a Facility Setting for
Treatment of Nasolacrimal Duct Obstruction in Children
6 to <10 Months Old**

19
20

PROTOCOL

21
22
23
24
25

**Version 1.0
September 3, 2008**

TABLE OF CONTENTS

26			
27			
28	CHAPTER 1: BACKGROUND AND SUMMARY		1-1
29	1.1. Rationale for the Study		1-1
30	1.2. Definitions		1-2
31	1.3. Study Objectives.....		1-3
32	1.4. Synopsis.....		1-3
33	1.5. Flow Chart.....		1-6
34	CHAPTER 2: ENROLLMENT VISIT		2-1
35	2.1. Eligibility Assessment and Informed Consent.....		2-1
36	2.2. Eligibility and Exclusion Criteria		2-1
37	2.3. Historical Information		2-1
38	2.4. Screening/Examination Procedures		2-1
39	CHAPTER 3: RANDOMIZATION AND PRE-SURGERY TREATMENT		3-1
40	3.1. Randomization Groups		3-1
41	3.2. Pre-Surgery Treatment		3-1
42	3.2.1. Lacrimal Massage		3-1
43	3.2.2. Antibiotic Eye Drops		3-1
44	CHAPTER 4: FOLLOW UP EXAMINATIONS		4-1
45	4.1. Visit Schedule.....		4-1
46	4.2. 12-week Phone Call.....		4-1
47	4.3. 26-week Visit.....		4-1
48	4.4. Primary Outcome Exam		4-1
49	4.4.1. Timing of Visit		4-2
50	4.4.2. Masked Assessment of Clinical Signs of NLDO.....		4-2
51	CHAPTER 5: SURGERY AND POSTSURGERY TREATMENT		5-1
52	5.1. Timing of Surgery		5-1
53	5.2. Surgical Considerations.....		5-1
54	5.3. Probing Procedure		5-2
55	5.4. Medical Management		5-2
56	5.5. Reoperation.....		5-2
57	CHAPTER 6: MISCELLANEOUS CONSIDERATIONS IN FOLLOW UP.....		6-1
58	6.1. Subject Withdrawals.....		6-1
59	6.2. Subjects Not Undergoing Surgery		6-1
60	6.3. Risks		6-1
61	6.4. Risks of Examination Procedures		6-1
62	6.5. Risks of Surgery		6-1
63	6.6. Reporting of Adverse Events.....		6-2
64	6.7. Drug Allergies		6-2
65	6.8. Travel Reimbursement		6-2
66	6.9. Study Costs.....		6-2
67	6.10. Discontinuation of Study		6-2
68	6.11. Contacts by the Jaeb Center for Health Research.....		6-2
69	6.12. Risk Assessment.....		6-2
70	CHAPTER 7: SAMPLE SIZE ESTIMATION AND STATISTICAL ANALYSIS.....		7-1
71	7.1. Sample Size Estimation.....		7-1
72	7.2. Statistical Analysis		7-2
73	7.2.1. Primary Analysis		7-2

74	7.2.2. Secondary Analyses.....	7-2
75	7.3. Interim Analyses.....	7-3
76	CHAPTER 8: REFERENCES.....	8-1
77		

CHAPTER 1: BACKGROUND AND SUMMARY

1.1. Rationale for the Study

Nasolacrimal duct obstruction (NLDO) is a common ocular condition in the first year of life. Many cases will resolve spontaneously or with massage.¹⁻³ Many studies of primary treatment of NLDO have been reported. These case series have largely been retrospective, uncontrolled, and conducted in single centers.

In children with NLDO symptoms, Peterson and Robb found that 58 of 65 (89%) blocked ducts spontaneously resolved by 13 months of age.² Peterson and Robb did not report the age distribution for the cohort, but they do note that 67% percent of the spontaneous resolutions occurred before 6 months of age.² Nelson and colleagues reported that among 113 infants enrolled into a study between 1 month and 10 months of age (median age = 5 months), 107 (95%) had NLDO spontaneously resolved by 13 months of age.⁴ Ghuman and colleagues found spontaneous resolution in 128 (32%) of 402 eyes treated with massage and antibiotics by 13 months, however the ages at which the children had initiated medical management were not specified.⁵ Paul reported that among 55 children with infantile NLDO who were first examined at 3 months of age or younger, 51 of 55 (91%) had ducts that were open at 12 months.⁶ With regard to spontaneous resolution in children who still have NLDO symptoms by a certain age, the Paul report showed that among 37 eyes with NLDO symptoms at 6 months, 26 (70%) were clear without surgical intervention by 12 months of age and that among 23 eyes with NLDO symptoms at 9 months, 12 (52%) had cleared by 12 months.⁶ The substantial uncertainty regarding an estimate of spontaneous resolution is a primary reason for conducting the current study.

Probing is the most widely-used initial treatment for NLDO in infancy. Our group recently completed a prospective observational study which found a 78% (95% CI = 74% to 82%) success proportion of probing among children aged 6 to <12 months.⁷ This overall success proportion was similar to that reported by others,^{5, 8-10} better than the 69% reported by Katowitz and Welsh,⁸ though worse than the 92% reported by Robb.¹¹

Two differing approaches to nasolacrimal probing have been most often been used: (1) immediate office probing (early probing – generally soon after 6 months of age) and (2) medical management (episodic antibiotic eye drops with massage of the lacrimal sac) until 9-13 months of age followed by probing under general anesthesia or conscious sedation (deferred probing). The advantages of early probing are the avoidance of general anesthesia or conscious sedation, immediate resolution of symptoms, fewer physician visits, fewer antibiotic prescriptions, lesser cost per procedure, and possible prevention of fibrosis from inflammation in the nasolacrimal duct. The advantages of deferred probing include more subject comfort with the procedure and possible avoidance of a surgical procedure completely.

Both early and deferred probing approaches are usually successful for treatment of NLDO. Early probing done in the office setting with restraint and only topical anesthesia was successful in 92% of children in a retrospective review of a series of 2369 infants.¹² These authors found a decline in success proportions with this office-based approach after 9 months of age. Success proportions of 77% to 97% have been reported in children younger than 18 months with

124 conventional probing with anesthesia. In our previous prospective observational study of
125 probing, 84% of the probings performed in an office setting were done under one year of age and
126 64% of the probings performed in a surgical facility were done at one year of age or older.⁷ The
127 study found that the 239 eyes that underwent office probing procedures had a slightly lower
128 proportion with success (72% [95% CI = 66% to 78%]) compared with the 661 eyes that
129 underwent surgical facility probings (80% [95% CI = 77% to 84%]).⁷ Limiting the office
130 probing cohort to the 132 eyes from 105 subjects aged 6 to <10 months old, the proportion with
131 success was 75% (95% CI = 66% to 82%) and limiting the facility probing cohort to the 223
132 eyes from 183 subjects aged 12 to <16 months old, the proportion with success was 80% (95%
133 CI = 74% to 85%) (PEDIG, unpublished data). We speculated that the lower success with office
134 probings might be due to a less robust procedure (e.g., probe passed only once) being performed
135 in the office setting. However, because our study was not randomized and because the
136 investigators who performed office probings did so nearly exclusively, we could not eliminate
137 the possibility that subject selection bias and/or an investigator effect may be important factors
138 underlying the observed difference in success between the office and facility settings.

139
140 The optimal approach to the management of NLDO in the first year of life remains uncertain.
141 Our prospective observational data suggest a slightly reduced chance of success with immediate
142 office probing; however, immediate office probing may be more cost-effective even if the
143 proportion with success is lower. For a subject undergoing a single operation, immediate office
144 probing is less expensive than deferred probing in a facility because there is no fee for
145 anesthesia, the facility, or for medications prescribed during the pre-operative observation
146 period. Some portion of this lower cost would be offset however by the additional cost of a
147 second procedure if the initial office probing is not successful. Deferred facility probing is more
148 expensive per procedure; however, the overall costs are reduced by the number of children
149 whose NLDO spontaneously resolves while waiting to perform the procedure in a facility. This
150 has been widely discussed by clinicians and has been studied using clinical decision analysis.¹³
151 Using a hypothetical spontaneous resolution rate of 70%, Kassoff found that deferred facility
152 probing had a higher cost than immediate office probing.¹³ In a preliminary model developed
153 with the assistance of Kevin Frick, PhD, we found that a hypothetical spontaneous resolution rate
154 of about 75% equalizes the costs between immediate office probing and deferred facility probing
155 and that a higher spontaneous resolution rate could cause the overall cost to shift in favor of
156 deferred facility probing being less costly (personal communication, 1/17/2008).

157 158 **1.2. Definitions**

159 **Nasolacrimal duct obstruction (NLDO)** is a blockage of the tear drainage system leading to
160 epiphora, increased tear film, and/or mucous discharge from the eyes in the absence of an upper
161 respiratory infection, ocular surface irritation or glaucoma.

- 162 • **Simple NLDO**— a single obstruction in the nasolacrimal duct which is easily passed during
163 the probing procedure
- 164 • **Complex NLDO**— a blockage or multiple blockages anywhere along the tear drainage
165 pathway that causes more difficulty than usual with probe passage, such as a blockage at the
166 valve of Hasner, a tight inferior turbinate blocking flow, canalicular problems, or multiple
167 obstructions in the NLD

168
169 **Congenital NLDO** is the onset of NLDO symptoms prior to 6 months of age.

170
171 **Epiphora** is tear overflow onto the periocular skin.
172
173 **Probing** is the passage of a metal nasolacrimal probe through one or both canaliculi and through
174 the nasolacrimal duct.
175
176 **Office probing** is a probing performed without sedation, general anesthesia, or anesthesiologist
177 attendance. Topical anesthesia is used along with restraint of the infant.
178
179 **Facility probing** is a probing performed under general anesthesia or conscious sedation in a
180 hospital outpatient surgery department or an ambulatory surgical center.
181
182 **Balloon catheter dilation** is the probing and dilation of the nasolacrimal duct with a hydrostatic
183 balloon catheter. LacriCATH from Quest Medical Inc., An Atrion Company, Allen, Texas.
184
185 **Nasolacrimal intubation** is the probing and placement of a temporary stent. The stent may be
186 mono- or bi-canalicular.
187
188 **Inferior turbinate infracture** is the nasal displacement of the inferior turbinate performed
189 surgically.

190 191 **1.3. Study Objectives**

192 The primary objective of the study is to determine the cost-effectiveness of treating NLDO using
193 immediate office probing compared with deferred probing in a facility setting. As part of the
194 primary objective, the study will determine the proportion of eyes experiencing spontaneous
195 resolution among subjects randomized to the deferred probing group.

196
197 Secondary objectives are:

- 198 • To determine the success proportion for eyes undergoing immediate office probing as an
199 initial procedure
- 200 • To determine the success proportion for eyes undergoing deferred facility probing as an
201 initial procedure

202
203 Additional objectives will be detailed in a separate analysis plan.
204

205 **1.4. Synopsis**

206 This study is designed to prospectively evaluate in subjects between 6 to <10 months of age the
207 cost-effectiveness of probing performed as soon as possible in the office compared with a period
208 of observation followed by a probing procedure in a surgical facility, if needed.
209

210 The primary treatment outcomes will be evaluated using the clinical signs assessment that our
211 research group has used in our previous studies of NLDO⁷: treatment success or failure,
212 determined with an assessment of the three clinical signs of nasolacrimal duct obstruction—
213 epiphora, increased tear lake, and mucous discharge. Treatment success for the primary outcome
214 at 18 months of age will be defined as the absence of these three clinical signs, regardless of
215 whether the subject underwent surgery or the NLDO spontaneously resolved without surgery.

216
217 The study is being coordinated by the Jaeb Center for Health Research in Tampa, Florida and is
218 being funded through a cooperative agreement from the National Eye Institute. The
219 organizational structure of the study group and study policies are detailed in the Pediatric Eye
220 Disease Investigator Group (PEDIG) Bylaws.

221
222 **Enrollment**

223 Children 6 to <10 months of age with epiphora, increased tear film, and/or mucous discharge
224 considered by the investigator to be due to NLDO will be enrolled into the study. It is estimated
225 that the study will enroll 220 children. The enrollment exam will include an assessment for
226 clinical signs of NLDO and an ocular exam.

227
228 **Randomization**

229 Each child will be randomized to one of the following two groups:

- 230 • Immediate office probing: probing to be performed in the office either the same day or within
231 two weeks (referred to as ‘immediate probing group’).
232 • Deferred facility probing: probing to be performed 26 to 30 weeks after enrollment if any of
233 the clinical signs persist at the 26-week visit (referred to as ‘deferred probing group’).

234
235 Randomization will be by subject so children undergoing surgery in both eyes will have both
236 eyes assigned to the same treatment group.

237
238 **Pre-surgery Treatment**

239 For the deferred probing group between randomization and the day of surgery:

- 240 • Lacrimal massage will be prescribed for use twice daily when discharge is present. Lacrimal
241 massage may also be prescribed for use at other times at investigator discretion.
242 • Antibiotic eye drops will be prescribed for use when discharge is purulent, with instructions
243 that they should be used until the purulent discharge is gone.

244
245 For the immediate probing group, whether to use lacrimal massage and/or antibiotic eye drops
246 during this time is at investigator discretion.

247
248 **Follow-up Phone Contact and Examination**

249 Subjects will have a phone call 12 weeks (± 2 weeks) after randomization and a visit 26 weeks
250 (± 2 weeks) after randomization. These contacts will be after surgery has occurred for the
251 immediate probing group and before surgery has occurred for the deferred probing group.

252
253 For the deferred probing group:

- 254 • Subjects whose NLDO has resolved at the 26-week visit will not undergo surgery, but will
255 return for the primary outcome exam at 18 months of age.
256 • Subjects whose NLDO has not resolved at the 26-week visit will undergo surgery within 4
257 weeks and will then return for the primary outcome exam at 18 months of age.

258
259 All subjects will have a primary outcome exam at 18 months of age (± 4 weeks). At the primary
260 outcome exam, a masked examiner will perform an assessment for the presence of epiphora,
261 increased tear film, or mucous discharge.

262
263 Additional visits are at investigator discretion.

264
265 **Surgery and Surgical Setting**

- 266 • Subjects in the immediate probing group will undergo probing performed in the office setting
- 267 within two weeks of randomization (could be same day).
- 268 • Subjects in the deferred probing group will undergo probing performed in an ambulatory
- 269 surgery center or hospital within four weeks after the 26-week visit if any clinical signs of
- 270 NLDO are present at the 26-week visit.

271
272 **Post-Surgical Treatment**

273 Antibiotic/steroid eye drops will be used 2-4 times daily for one week after surgery. For

274 recurrent NLDO occurring more than a week after surgery, an antibiotic will be prescribed.

275 Lacrimal massage may be prescribed at investigator discretion.

276

277 Reoperation prior to the primary outcome visit at 18 month of age visit is at investigator

278 discretion and can be probing in office, probing in a facility, nasolacrimal intubation, or balloon

279 catheter dilation. Reoperations should be timed such that the primary outcome visit at 18-month

280 of age is at least one month after surgery, or at least one month after tube removal for

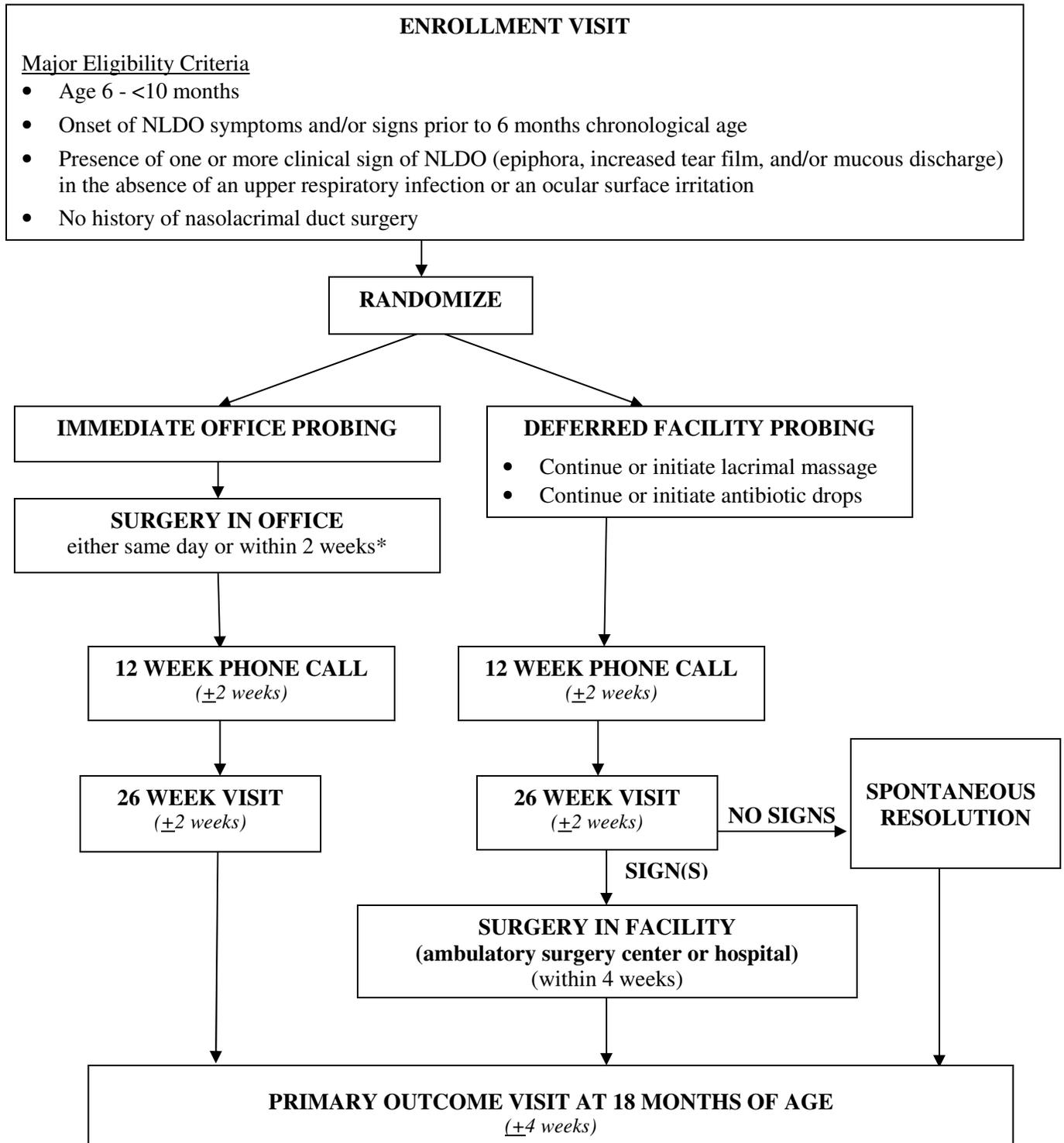
281 nasolacrimal intubation procedures. Presence of one or more clinical signs of NLDO will be

282 verified prior to reoperation, either on the day of surgery or at a preoperative visit.

283
284

285
286
287
288

1.5. Flow Chart



*If surgery will not be completed the same day as randomization, it is at investigator discretion whether to prescribe lacrimal massage and/or antibiotics pre-operatively.

Note: in both treatment groups, decision for reoperation prior to 18 months of age and choice of procedure are at investigator discretion, however reoperations should not be performed prior to 6 weeks after the initial surgery and should be timed such that the 18-month of age primary outcome visit is at least one month after surgery, or at least one month after tube removal for nasolacrimal intubation procedures.

CHAPTER 2: ENROLLMENT VISIT

289
290
291
292
293
294
295
296
297
298
299
300
301
302
303
304
305
306
307
308
309
310
311
312
313
314
315
316
317
318
319
320
321
322
323
324
325
326
327
328
329
330
331
332

2.1. Eligibility Assessment and Informed Consent

Subjects with unilateral or bilateral signs of NLDO will be enrolled and consented prior to randomization.

2.2. Eligibility and Exclusion Criteria

The following criteria must be met for enrollment into the study:

- Age 6 to <10 months
- Onset of NLDO symptoms and/or signs prior to 6 months chronological age in study eye(s)
- Presence in study eye(s) of epiphora, increased tear film, and/or mucous discharge in the absence of an upper respiratory infection or an ocular surface irritation that investigator believes is due to NLDO
- At least one open punctum present in study eye(s)

A history of NLDO treatment with lacrimal massage, topical antibiotics or steroids, or systemic antibiotics is permitted.

The following are exclusion criteria:

- History of nasolacrimal duct surgery including probing, nasolacrimal intubation, balloon catheter dilation, or dacryocystorhinostomy in study eye(s)
- History of trauma to the lacrimal drainage system of the study eye(s)
- Glaucoma in study eye(s)
- Corneal surface disease in study eye(s)
- Microphthalmia in study eye(s)
- Down Syndrome
- Craniosynostosis
- Goldenhar sequence
- Clefting syndromes
- Hemifacial microsomia
- Midline facial anomalies

2.3. Historical Information

The following data will be placed in the research record: demographic data (including gender, race, ethnicity, date of birth,) use of topical antibiotics, and use of lacrimal massage.

2.4. Screening/Examination Procedures

The following screening/examination procedures will be performed on the study eye(s):

1. Assessment for the clinical signs of NLDO with recording of presence or absence of the following:

- Epiphora
- Increased tear film
- Mucous discharge

333 For study eligibility, at least one of the above clinical signs must be present in the absence of an
334 upper respiratory infection or an ocular surface irritation.

335
336 If diagnostic or therapeutic eye drops are to be administered at the visit, the assessment of
337 clinical signs of NLDO should be performed either before administration of the drops or at least
338 20 minutes afterwards.

339
340 2. Ocular exam

341 An eye examination should be performed to document normal lids, ocular adnexa, at least one
342 open punctum in the affected eye(s) and anterior segment structures.

- 343 • Refraction, fundus examination, and intraocular pressure are performed at investigator
344 discretion.

345 **CHAPTER 3: RANDOMIZATION AND PRE-SURGERY TREATMENT**

346
347 **3.1. Randomization Groups**

348 Randomization is performed on the PEDIG website.

349
350 Subjects will be randomized to one of the following groups:

- 351 • Immediate office probing: probing to be performed in the office either the same day as
- 352 randomization or within two weeks
- 353 • Deferred facility probing: probing to be performed in a facility within four weeks after
- 354 completion of the 26-week visit if any of the clinical signs persist.

355
356 The initial surgical procedure for both treatment groups is probing only (see section 5.3.).

357 Neither nasolacrimal intubation nor balloon catheter dilation should be performed as an initial

358 procedure.

359
360 Subjects with both eyes enrolled in the study will have both eyes assigned to the same treatment

361 group.

362
363 The Jaeb Center will construct a Master Randomization List using a permuted block design

364 stratified by site, which will specify the order of treatment group assignments.

365
366 **3.2. Pre-Surgery Treatment**

367 **3.2.1. Lacrimal Massage**

368 Between randomization and the day of surgery, lacrimal massage will be prescribed for the

369 deferred probing group and may be prescribed at investigator discretion for the immediate

370 probing group. When prescribed, lacrimal massage is to be performed twice daily when

371 discharge is present. Lacrimal massage may also be done at other times at investigator

372 discretion.

373
374 **3.2.2. Antibiotic Eye Drops**

375 The deferred probing group will be prescribed commercially-available antibiotic eye drops to be

376 used when purulent discharge is present between randomization and the day of surgery.

377 Immediate probing group subjects may be prescribed antibiotic eye drops in a similar fashion at

378 investigator discretion. Antibiotic eye drops will be dispensed to the deferred probing group at

379 randomization and may be dispensed to immediate probing group subjects at investigator

380 discretion.

381
382 Parents of subjects prescribed antibiotic eye drops will be instructed to use 1 drop up to 4 times a

383 day as needed when the discharge is purulent. Parents should report to the investigator purulent

384 discharge which persists after 5-7 days of treatment, as other antibiotics may be used at

385 investigator discretion in these cases. Eye drops may be discontinued when the discharge is

386 clear.

CHAPTER 4: FOLLOW UP EXAMINATIONS

388
389
390
391
392
393
394
395
396
397
398
399
400
401
402
403
404
405
406
407
408
409
410
411
412
413
414
415
416
417
418
419
420
421
422
423
424
425
426
427
428
429
430
431
432
433

4.1. Visit Schedule

Follow up consists of the following visits and scheduled contacts:

- A phone call 12 (± 2 weeks) weeks from randomization
- A visit 26 weeks (± 2 weeks) from randomization
- A masked primary outcome exam at 18 months of age (± 4 weeks)

Subjects should complete all follow-up exams regardless of whether their symptoms have improved and/or resolved, and regardless of whether they receive surgery.

Additional visits prior to the primary outcome exam are at investigator discretion.

4.2. 12-week Phone Call

Parents will receive a phone call from the clinical site 12 weeks (± 2 weeks) after randomization. The office probing group will have had surgery by the time of this call, whereas the deferred probing group will not have had surgery yet.

The main purpose of the call will be to keep in contact with the family; however, data will be collected on whether symptoms of NLDO are present.

4.3. 26-week Visit

Subjects will have a visit 26 weeks (± 2 weeks) from randomization. The office probing group will have had surgery by the time of this visit, whereas the deferred probing group will not have had surgery yet.

At the visit, an assessment for the clinical signs of NLDO (see section 2.4) will be performed. The assessment may be performed by any study-certified examiner at the site, including the investigator.

For subjects in the deferred probing group:

- If one or more clinical signs of NLDO are present, the subject will undergo probing in a facility (ambulatory surgery center or hospital) within 4 weeks and will return for the primary outcome visit at 18 months of age.
- If no clinical signs of NLDO are present, the subject's NLDO will be considered to have spontaneously resolved and the subject will not undergo surgery. The subject will return for the primary outcome visit at 18 months of age.
 - If a subject with both eyes enrolled in the study has clinical signs of NLDO in one eye but none in the other eye, the remaining affected eye will undergo surgery and the other eye will be treated as a having spontaneously resolved.
 - If signs return and are sufficiently persistent to warrant surgery, the subject may undergo probing (see section 5.1).

4.4. Primary Outcome Exam

All subjects in both treatment groups will have a primary outcome exam at 18 months of age (± 4 weeks) regardless of whether they had surgery.

434
435 An assessment for the clinical signs of NLDO (see sections 2.4 and 4.4.2) will be performed by a
436 certified examiner who is masked to the subject's treatment group.

437
438 Additional data to be collected at this visit will include presence of upper respiratory symptoms
439 or ocular surface irritation, e.g. conjunctivitis.

440
441 **4.4.1. Timing of Visit**

442 Instructions to the parent for this visit will include the advisory to reschedule the outcome visit if
443 the child has an upper respiratory infection or ocular surface irritation. However, the exam will
444 be completed and the data used for analysis even if the subject comes to the office with either of
445 these conditions (i.e. the visit will not be rescheduled).

446
447 **4.4.2. Masked Assessment of Clinical Signs of NLDO**

448 A study-certified examiner will perform a masked assessment of clinical signs of NLDO in the
449 enrolled eye(s). The examiner cannot be the surgeon who performed the initial probing or any
450 subsequent surgeries but may be another investigator at the site, or any other study personnel
451 provided the individual is certified in the performance of the assessment and masked to treatment
452 group.

453
454 The assessment of clinical signs must be done before any other testing or the administration of
455 any eye drops. The evaluation will include inspection with a hand light for the presence of
456 epiphora, increased tear film, or mucous discharge. The presence of any of these signs is
457 considered a failure for analysis.

458 **CHAPTER 5: SURGERY AND POSTSURGERY TREATMENT**
459

460 The initial surgical procedure for both treatment groups is probing only (see section 5.3.).
461 Neither nasolacrimal intubation nor balloon catheter dilation should be performed as an initial
462 procedure.
463

464 Choice of procedure for reoperations is at investigator discretion and can be probing (either in
465 office or facility), nasolacrimal intubation or balloon catheter dilation (see section 5.5).
466

467 **5.1. Timing of Surgery**

468 The timing of the surgery will be determined by the randomization.

- 469 • For the immediate probing group, surgery should be performed either the same day as
470 randomization or within 2 weeks after randomization.
- 471 • For the deferred probing group, if at the visit timed 26 weeks from randomization one or
472 more clinical signs of NLDO are present, surgery should be performed within four weeks
473 following the 26-week visit.
 - 474 ○ Surgery may be performed later for deferred group subjects who at the 26-week
475 visit appear to have spontaneously resolved, but later have signs of NLDO. The
476 only stipulation is that surgery be performed at least one month before the
477 primary outcome visit at 18 months of age is completed, otherwise it should be
478 deferred until after the visit.

479
480 **5.2. Surgical Considerations**

481 1. Preoperative medications

- 482 • For the immediate pre-operative period (2-3 days before surgery): for both groups,
483 topical and systemic antibiotics are at investigator discretion. Topical antibiotics will be
484 dispensed from study-provided stock of commercially-available topical antibiotics (see
485 section 3.2.2). Systemic steroids may be given as clinically indicated (e.g., for treatment
486 of reactive airway disease).

487
488 2. NPO orders

- 489 • For office probings, it is at investigator discretion whether to prohibit food and drink for a
490 certain period of time prior to surgery. For facility probings, the NPO duration will be as
491 required by the particular facility.
492

493 3. Anesthesia

- 494 • For office procedures, topical anesthesia will be used.
- 495 • For procedures performed in an ambulatory surgery center or hospital, general anesthesia
496 or conscious sedation will be used. Medications and airway management are chosen
497 collaboratively by the surgeon and the anesthesiologist.
498

499 4. Restraint

- 500 • For office procedures, there will typically be some form of infant restraint used.
501

502 5. Nasal packing

503 • The nose may be packed with gauze soaked in phenylephrine, oxymetazoline, or similar
504 agent for vasoconstriction of the nasal mucosa per the investigator's surgical routine.
505

506 6. Post-operative medications

507 • A commercially-available topical antibiotic/steroid combination will be administered upon
508 completion of the procedure and will be prescribed to be used 2-4 times daily for one week
509 following surgery (see section 5.4).
510

511 7. Surgical cancellations

512 • If the procedure is cancelled due to a medical reason, it will be rescheduled based on the
513 medical condition and NLDO symptoms.
514

515 Note that the above considerations apply not only to the initial surgery but also to any re-
516 operations (see section 5.5) that occur while the subject is in the study.
517

518 **5.3. Probing Procedure**

519 Nasolacrimal duct probing consists of punctal dilation of at least one punctum and the passage of
520 a probe into the nose. The size and style of the probe is at investigator discretion.
521

522 Patency should be confirmed with metal on metal, visualization of probe beneath the inferior
523 turbinate, irrigation with saline in the office inciting a swallow reflex, or recovery of fluorescein-
524 colored saline from the nose after irrigation through the nasolacrimal duct.
525

526 Inferior turbinate infraction is at investigator discretion; however, we expect this procedure will
527 not be performed during office probings.
528

529 If a procedure other than probing is performed, the occurrence and rationale will be indicated on
530 the surgery form.
531

532 **5.4. Medical Management**

533 A commercially-available topical antibiotic/steroid combination should be used 1 drop 2 to 4
534 times per day for one week after surgery. The antibiotic/steroid combination will be dispensed
535 from study-provided stock.
536

537 For recurrent purulent discharge occurring more than one week after surgery, a commercially-
538 available topical antibiotic drop may be prescribed (see section 3.2.2). Whether to prescribe is at
539 investigator discretion.
540

541 Lacrimal massage may be prescribed at investigator discretion (see section 3.2.1).
542

543 **5.5. Reoperation**

544 During the postoperative observation phase, the decision to reoperate and the procedure type is at
545 investigator discretion. The procedure performed can be a probing in office, a probing in a
546 facility, a nasolacrimal intubation, or a balloon catheter dilation.
547

548 The timing of reoperation is subject to the following:

- 549 • Reoperations should not be performed prior to 6 weeks after the initial surgery.
550 • Repeat probing (in office and in facility) and balloon catheter dilation should occur at least
551 one month before the primary outcome visit at 18 months of age is completed, otherwise
552 reoperation should be deferred until after the visit.
553 ○ For reoperations that are nasolacrimal intubations, procedures should occur so
554 that silicone tubes can be retained for 2-5 months but removed at least one month
555 before the primary outcome visit at 18 months of age is completed, otherwise
556 reoperation should be deferred until after the visit.
557

558 The same surgical considerations (see section 5.2) apply for reoperations as apply for initial
559 surgeries.
560

561 **CHAPTER 6: MISCELLANEOUS CONSIDERATIONS IN FOLLOW UP**

562

563 **6.1. Subject Withdrawals**

564 The parents or guardian may withdraw their child from the study at any time. Such withdrawal
565 is expected to be a very infrequent occurrence in this study in view of the surgery's and testing
566 procedure's similarity to routine clinical practice. If the parents or guardian indicate that they
567 want to withdraw the child from the study, the investigator personally should attempt to speak
568 with them to determine the reason.

569

570 **6.2. Subjects Not Undergoing Surgery**

571 Some subjects will not have surgery as part of the study because their NLDO spontaneously
572 resolved. In addition, there may be some subjects who have not met the criteria for spontaneous
573 resolution, but whose symptoms have improved to the point where the parents and/or the
574 investigator elect not to proceed with surgery. In both cases, the subjects should continue in the
575 study and complete all follow up exams. For analysis, these subjects' outcome will be based on
576 whether clinical signs are present at the primary outcome visit at 18 months of age, and their cost
577 of treatment will not include the cost of surgery.

578

579 **6.3. Risks**

580 There are no risks involved in this study that would not be part of usual care.

581

582 **6.4. Risks of Examination Procedures**

583 The examination procedures in this study are part of daily pediatric eye care practice in the
584 United States and pose no known risks.

585

586 **6.5. Risks of Surgery**

587 All procedures are standard care. The risks involved in the study are identical to those that
588 would be present for a subject undergoing the same procedure in the same setting, but who is not
589 participating in the study.

590

591 For surgical procedures in general, there is a rare risk of vomiting and aspiration (<1%). The
592 risk of aspiration is well recognized and would be the same regardless of whether the procedure
593 was performed as part of the study or in normal clinical practice.

594

595 For surgical procedures that are done under general anesthesia, there is a rare risk (<0.1%) of
596 morbidity from general anesthesia in children in this age group.

597

598 Probing has a risk of self-limited nasal bleeding at the time of surgery and for a few days
599 postoperatively (<10%). There is an unlikely chance of prolonged nasal bleeding requiring nasal
600 packing or cauterization (<1%). There is a risk of damage to the punctum through which the
601 probe is passed. These risks are likely the same when performed awake with restraint, with
602 general inhalational anesthesia, or with conscious sedation. In the PEDIG study of 955 eyes
603 undergoing probing, surgical and post-surgical complications were reported infrequently; there
604 was one reported episode of laryngospasm which was managed without sequelae and one report
605 of mild bleeding from a lacrimal punctum.⁷

606

607 **6.6. Reporting of Adverse Events**

608 Each site is responsible for informing its IRB of serious treatment-related adverse events and for
609 abiding by any other reporting requirements specific to his or her IRB. Serious treatment-related
610 complications will be reported expeditiously to the Data and Safety Monitoring Committee,
611 which will receive a compiled adverse event report semi-annually. Following each DSMC data
612 review, a summary will be provided to IRBs.

613
614 **6.7. Drug Allergies**

615 For subjects who are allergic to the study-specified medications, alternate medications may be
616 prescribed. In such an instance the product used would be recorded on the appropriate data form.

617
618 **6.8. Travel Reimbursement**

619 The parent/guardian of each subject will be compensated \$30 for completion of the 26-week visit
620 and \$30 for completion of the primary outcome visit at 18 months of age. If there are
621 extenuating circumstances, and the patient is unable to complete study visits without additional
622 funds due to travel costs, additional funds may be provided.

623
624 **6.9. Study Costs**

625 The subject or his/her insurance will be responsible for the costs that are considered standard
626 care. This includes the initial examination for diagnosis of NLDO, all surgical procedures, and
627 all costs involved in managing surgical complications.

628
629 The study will pay for the 26-week visit and the primary outcome visit at 18 months of age.

630
631 The study will provide the topical antibiotics and the topical antibiotic/steroid combination drug.

632
633 **6.10. Discontinuation of Study**

634 The study may be discontinued by the Steering Committee (with approval of the Data and Safety
635 Monitoring Committee) prior to the preplanned completion of enrollment and follow-up for all
636 subjects.

637
638 **6.11. Contacts by the Jaeb Center for Health Research**

639 The Jaeb Center serves as the PEDIG Coordinating Center. The Jaeb Center will be provided
640 with the parent/guardian's contact information. The Jaeb Center staff may contact the
641 parent/guardian to maintain rapport or to facilitate visit scheduling. A subject newsletter, study
642 updates, and a study logo item and/or another type of small gift may be sent periodically.
643 Subjects (specifically their parents and guardians) will be provided with a summary of the study
644 results in a newsletter format after completion of the study by all subjects.

645
646 **6.12. Risk Assessment**

647 This protocol falls under DHHS 46.404 which is research not involving greater than minimal
648 risk.

649 **CHAPTER 7: SAMPLE SIZE ESTIMATION AND STATISTICAL ANALYSIS**

650
651 The estimation of sample size and statistical analysis plan are summarized below and will be
652 detailed in separate documents.

653
654 **7.1. Sample Size Estimation**

655 Given that the proportion of subjects with treatment success at 18 months of age is expected to
656 be similar for both treatment groups, particularly after reoperations are taken into account,
657 sample size is not being determined in the context of a treatment group comparison. Rather,
658 because the cost factor in the economic model to be used in the primary analysis is driven largely
659 by the proportion of deferred probing group subjects which have NLDO spontaneously resolve
660 without surgery, sample size is being determined within the context of the width of the
661 confidence interval on this proportion. Table 1 shows the 95% confidence interval on the
662 spontaneous resolution proportion given the specified spontaneous resolution proportions and the
663 specified numbers of subjects randomized.

664
665 **Table 1: Confidence Intervals for Proportion of Spontaneous Resolution in the Deferred**
666 **Probing Group**

Deferred Probing Group									
SR%	Number of Subjects Randomized to Deferred Probing Group ^a								
	100			150			200		
	N Probed	N SR ^b	95% CI on SR% ^c	N Probed	N SR ^b	95% CI on SR% ^c	N Probed	N SR ^b	95% CI on SR% ^c
25%	75	25	16 to 34%	112	38	18 to 32%	150	50	19 to 31%
50%	50	50	40 to 60%	75	75	42 to 58%	100	100	43 to 57%
75%	25	75	66 to 84%	37	113	68 to 82%	50	150	69 to 81%
90%	10	90	84 to 96%	15	135	85 to 95%	20	180	86 to 94%

667
668 SR = spontaneous resolution

669
670 ^aThe total number randomized would be twice these numbers.

671
672 ^bN with SR = the expected number of subjects in the deferred probing group whose NLDO will
673 spontaneously resolve given the specified spontaneous resolution proportion and the specified
674 number of subjects randomized.

675
676 ^c95% CI on SR% = 95% confidence interval on the spontaneous resolution proportion given the
677 specified spontaneous resolution proportion and the specified number of subjects randomized.

678
679 With the proportion of subjects with spontaneous resolution determined with data from 100
680 subjects randomized to the deferred probing group, a point estimate of 50% would have a
681 confidence interval of 40% to 60%, while a point estimate of 75% would have a confidence

682 interval of 66% to 84% and a point estimate of 90% would have a confidence interval of 84% to
683 96%.

684

685 In order to have outcome data on 100 subjects randomized to the deferred probing group, and
686 accounting for 10% loss to follow up, the study plans to enroll 220 children total, half of which
687 will be randomized to each treatment group.

688

689 **7.2. Statistical Analysis**

690 **7.2.1. Primary Analysis**

691 The primary analysis will be a comparison of the cost effectiveness between treatment groups.

692 The analysis will be performed using an economic rollback model that takes into account for

693 each subject the cost of treatment and the treatment outcome at 18 months of age.

694

695 The primary estimate of cost will be based on the type, number, and setting of all procedures
696 performed between randomization and 18 months of age, and the drugs prescribed. These
697 utilization figures will be multiplied by the representative cost associated with each to determine
698 aggregate cost per subject. Representative costs will be determined by averaging the total
699 allowable cost for each procedure obtained from actual explanations of benefits to facilities and
700 providers as well as by obtaining data on such allowable costs for large insurers.

701

702 Effectiveness will be based on the primary outcome at 18 months of age. Treatment success will
703 be defined as the absence of any clinical signs (presence of epiphora, increased tear film, or
704 mucous discharge) on masked assessment at 18 months of age. A subject whose NLDO
705 spontaneously resolves without surgery and who still does not have any of the three clinical signs
706 present at 18 months of age will be considered a treatment success for the primary analysis.

707

708 The primary analysis will determine whether the observed spontaneous resolution proportion
709 differs from the 'break point' spontaneous resolution proportion which is found in the economic
710 model to equalize costs between the treatment strategies. Preliminary economic modeling has
711 estimated this break point at about 75%. If the upper limit of the confidence interval on the
712 observed spontaneous resolution proportion is lower than the 'break point' proportion, the
713 conclusion would be that the immediate office strategy is less costly. If the lower limit of the
714 confidence interval on observed spontaneous resolution proportion is higher than the 'break
715 point' proportion, the conclusion would be that the deferred facility probing strategy is less
716 costly. If the confidence interval for the observed spontaneous resolution proportion includes the
717 break point proportion, the conclusion would be that we cannot say that either strategy is less
718 costly than the other.

719

720 The primary analysis will follow the intention to treat principle in which a subject's treatment
721 outcome and cost of treatment will be assigned to the randomized treatment group, regardless of
722 what treatment the subject received.

723

724 **7.2.2. Secondary Analyses**

725 Secondary analyses include determining the success proportion for eyes undergoing office
726 probing as an initial procedure, and the success proportion for eyes undergoing deferred facility
727 probing as an initial procedure. The outcome will be treatment success/failure at 18 months of

728 age; however for these analyses, any subject who undergoes a second procedure prior to 18
729 months of age will be considered an automatic treatment failure.

730

731 An additional secondary analysis will compare parental satisfaction between treatment groups.

732

733 Additional objectives will be detailed in a separate analysis plan.

734

735 **7.3. Interim Analyses**

736 No formal interim analyses of the outcome data are planned because data on the entire cohort is
737 needed to obtain the desired precision on the point estimate for the proportion of deferred group
738 subjects whose NLDO spontaneously resolves.

739

CHAPTER 8: REFERENCES

- 740
741
742 1. Price HW. Dacryostenosis. *J Pediatr* 1947;30:300-5.
743 2. Petersen RA, Robb RM. The natural course of congenital obstruction of the nasolacrimal
744 duct. *J Pediatr Ophthalmol Strabismus* 1978;15(4):246-50.
745 3. Kushner BJ. Congenital nasolacrimal system obstruction. *Arch Ophthalmol*
746 1982;100(4):597-600.
747 4. Nelson LB, Calhoun JH, Menduke H. Medical management of congenital nasolacrimal
748 duct obstruction. *Ophthalmology* 1985;92(9):1187-90.
749 5. Ghuman T, Gonzales C, Mazow MM. Treatment of congenital nasolacrimal duct
750 obstruction. *Am Orthopt J* 1999;49:163-8.
751 6. Paul TO. Medical management of congenital nasolacrimal duct obstruction. *J Pediatr*
752 *Ophthalmol Strabismus* 1985;22(2):68-70.
753 7. Pediatric Eye Disease Investigator Group. Primary treatment of nasolacrimal duct
754 obstruction with probing in children younger than 4 years. *Ophthalmology* 2008;115:577-84.
755 8. Katowitz JA, Welsh MG. Timing of initial probing and irrigation in congenital
756 nasolacrimal duct obstruction. *Ophthalmology* 1987;94(6):698-705.
757 9. Ciftci F, Akman A, Sonmez M, et al. Systematic, combined treatment approach to
758 nasolacrimal duct obstruction in different age groups. *Eur J Ophthalmol* 2000;10(4):324-9.
759 10. Casady DR, Meyer DR, Simon JW, et al. Stepwise treatment paradigm for congenital
760 nasolacrimal duct obstruction. *Ophthal Plas Reconstr Surg* 2006;22:243-7.
761 11. Robb RM. Success rates of nasolacrimal duct probing at time intervals after 1 year of
762 age. *Ophthalmology* 1998;105(7):1307-9; discussion 9-10.
763 12. Stager D, Baker JD, Frey T, et al. Office probing of congenital nasolacrimal duct
764 obstruction. *Ophthalmic Surg* 1992;23(7):482-4.
765 13. Kassoff J, Meyer DR. Early office-based vs late hospital-based nasolacrimal duct
766 probing: a clinical decision analysis. *Arch Ophthalmol* 1995;113(9):1168-71.
767
768

The Jaeb IRB has classified the protocol under DHHS 46.405, which is research involving greater than minimal risk but presenting the prospect of direct benefit to the individual subjects.

*****For sites covered by the Jaeb IRB, this supercedes what is written in section 6.12 of the protocol.*****